

The Caller

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Confidence Comer John F. Board

In this week's Confidence Corner we want to examine Proverbs 4:23. Though sometimes Proverbs 27:3 "As a man thinketh in his heart, so is he..." is used to convey how

our thoughts guide our actions, this is not the best verse to teach this principle. Proverbs 4:23 reads, "Watch over your heart with all diligence, For from it flow the springs of life" (NASB updated).

The point of the inspired writer (in context) is simply that the Revelation must guide the heart. Why is this so important? It is because our heart (the mind) guides our actions. It is so true that our thoughts become our feelings and our feelings in turn drive our actions. Think how this principle can be enhanced by the consideration of Revelation.

Let us consider the realm of temptation. How was it that Jesus overcame the temptations from Satan recorded in Matthew Chapter 4? In a large way Jesus overcame the temptations because of the Word of God He had stored in His heart. Jesus' thoughts were filled with Scripture. The feelings that resulted from His thoughts involved a proper view of respect for God. Such led to His rejection of Satan's alluring offers.

You see all the passages that encourage us to meditate upon the Word of God help us to set our minds to proper thinking. If we are raised with Christ we think on things above. Whatever things are pure, lovely etc. are those things we are to think upon. Jesus as our Creator knows our mind—He knows how we can best control our feelings and our actions. Fill your mind with God's Word so that peace may fill your life.

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What is your retreat? What is the purpose for your retreat? Is it to spend time with family and friends? Do you retreat to regroup? When Mitchell Lockhart you go on vacation is it a spir-

Mitchell's Weekly Manna

itual retreat or just a time away from school/ work? With the fall retreat, REVIVE, being this weekend, where would vour focus be? Sometimes with trips and camps we focus on the fact that it is a day away from the world and our troubles. We look forward to being off work or being out of school.

As we RETREAT to get away from the world and away from the stresses of life, will you use the time to glorify, worship, and give thanks to HIM? Sure a get-away can be used to get-away from stress, but it should ultimately be used to recharge, revitalize, and REVIVE your desire to serve the LORD.

In Matthew 6:16-18 Jesus is evaluating fasting and how it should be done. Fasting was to be done to allow more time to focus on God and dedicating yourself to HIM, through prayer and reading of scripture. The Pharisees and Hypocrites didn't understand the purpose. They thought it was just another time to make their selves look holy. When you go to a camp, retreats, or other trips intended for spiritual gain, is the purpose to look holy? Or is your purpose to become more and more close to God and his people? Where will your mindset be?

Sunday's Sermons:

- A.M. What Should a Christian Wear? Colossians 3:12-17
- P.M. Are You Spiritually Healthy? 3 John 1:1-4









